





























# GROUP CLASSES SCHEDULE

#alwaysstrong

ΔΕΥΤΕΡΑ MONDAY	ΤΡΙΤΗ TUESDAY	ΤΕΤΑΡΤΗ WEDNESDAY	ΠΕΜΠΤΗ THURSDAY	ΠΑΡΑΣΚΕΥΗ FRIDAY	ΣΑΒΒΑΤΟ SATURDAY
08:00	08:00	08:00	08:00	08:00	09:00
1 55'	1 55'	1 55'	1 55'	1 45'	1 55'
 NICOLAS	 MARIA	 NICOLAS	 STELIOS	 NICOLAS	 PANAGIOTIS

ΔΕΥΤΕΡΑ MONDAY	ΤΡΙΤΗ TUESDAY	ΤΕΤΑΡΤΗ WEDNESDAY	ΠΕΜΠΤΗ THURSDAY	ΠΑΡΑΣΚΕΥΗ FRIDAY
17:00	17:25	17:00	15:30	17:30
1 55'	1 30'	1 55'	1 45'	1 55'
 NICOLAS	 NICOLAS	 ELENA	 SURPRISE	 SOTIRIS
18:00	18:00	18:00	17:30	18:30
1 55'	1 55'	1 30'	1 55'	1 30'
 ELENA	 SOTIRIS	 NICOLAS	 SOTIRIS	 STELIOS
18:00	19:00	18:30	18:30	19:00
2 45'	1 55'	1 55'	1 45'	1 45'
 NICOLAS	 SOTIRIS	 NICOLAS	 NICOLAS	 STELIOS
19:00	19:00	19:30	18:30	
1 55'	2 55'	1 55'	2 45'	
 GEORGE	 STELIOS	 GEORGE	 STELIOS	
20:00	20:00		19:20	
1 55'	1 30'		1 45'	
 STAVROS	 STELIOS		 NICOLAS	

## WORKING HOURS:

MONDAY - FRIDAY: 6:00-22:00

SATURDAY: 7:00-18:00

SUNDAY: 9:00-12:00



NEW BODY

www.newbodygym.com.cy